Listening Prayer

Learning How to Hear God's Voice

My Research

- People: Donna & Jamie Winship, Bob Hamp
- Scripture, Bible Translations used are NLT, Amplified, NIV
- Books
- More scripture

My Questions

- Does God speak today? Jeremiah 31:31-34
- How does this new Covenant Jeremiah 31:33 talks about happen? Luke 22:20
- How does God provide this new Covenant in their hearts and minds? John 14:16-17
- Ok, so what is the Holy Spirit doing? John 16:12
- As the Holy Spirit is listening, how often does God think of me? Psalm 139:17
- Ok, so why does the Father want us to hear His voice? John 16:12-14
- So what do we need to do to listen - what's our part? Jeremiah 33:3

What we learn from Habakkuk on seeking and hearing God's voice:

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1 I will stand at my guard post and station myself on the tower; And I will keep watch to see what He will say to me, and what answer I will give [as His spokesman] when I am reproved.

2 Then the Lord answered me and said, "Write the vision and engrave it plainly on [clay] tablets so that the one who reads it will run. AMP

1.	BE STILL.	Quiet yourself in the Lord's presence
	Habakkuk 2	2:1 "I will stand at my quard post"

2. BE LOOKING. Look for a vision/pictures while you pray. Habakkuk 2:1 "...And I will keep watch and see what He will say to me..."

3. BE LISTENING. God's voice often comes as the free flow of thoughts that light upon your mind when you are fixed on Jesus.

Habakkuk 2:1 "...and what answer I am to give..."

4. BE JOURNALING. Write out the flow of thoughts and visions/pictures that comes. Habakkuk 2:2 "Then the Lord replied: Write the vision and engrave it plainly on tablets..."

Journaling Practice

Using Habakkuk 2:1-2 as a reference, write:

• A paragraph to God telling Him how and why you love Him.

• Now ask God why He loves you. Write what you hear. No testing or doubting – write what you hear.

How to test what you've written to see if it's God speaking:

- 1. Does it line up with scripture?
- 2. Does it bring glory to God?
- 3. Does it produce peace and freedom?
- 4. Does it align with the fruits of the Spirit? Galatians 5:22
- 5. Does it encourage you, build you up? If you're being corrected, does it feel like it is done in kindness and for your benefit?

How to know it's not from God:

- 1. Does it produce fear, guilt or shame?
- 2. Is it accusing or condemning?

Need some clarification on what you heard?

- God, what do you want me to know about _____? And journal what you hear.
- Keep asking God questions.

Next Steps:

- Get a journal
- Follow Habakkuk 2:1-2 example of seeking and hearing God's voice
- Check reliability (see How to know it's not from God)
- Act accordingly

To Learn More:

- Re-read the scripture in your Bible at home that is referenced on Page 2 & 3 and write it out in your journal along with any insights you have from reading and writing these out. Here are the scriptures for quick reference:
 - o Habakkuk 2:1-2
 - o Jeremiah 31:31-34
 - o Luke 22:20
 - o John 14:16-17
 - o John 16:12
 - o Psalm 139:17
 - o John 16:12-14
 - o Jeremiah 33:3
- Like to read some good books on the subject?
 - Secrets of the Secret Place, Bob Sorge
 - Praying God's Word, Beth Moore
 - o Listening Prayer: Learning How to Hear God's Voice, Leann Payne

Further Your Journey:

- Consider forming a group of 3-4 women to process & practice listening prayer.
- Wednesday, May 31st, 7 9:00 pm, KCC Troy, Room 213: Identity Prayer
- Tuesday, June 13th, 7 9:00 pm, KCC Troy, Room 213: Healing Prayer

Listening Prayer Practice

Objective: Provide exercises and a small group structure to support women in the practice of listening prayer with the input and support of other women wanting to do the same.

Week 1

Homework to complete <u>before</u> attending Small Group:

- Buy a journal. Then, In your journal:
 - Write out the scripture referenced on Page 2 & 3 of this handout: Habakkuk 2:1-2, Jeremiah 31:31-34, Luke 22:20, John 14:16-17, John 16:12, Psalm 139:17, John 16:12-14. Jeremiah 33:3.
 - o Include any insights on these scriptures you have.
- Look for a picture of a "watchtower" on your computer. Then, in your journal:
 - Write what you observe in your journal and why you think a watchtower would be referred to as a good positioning place to hear from God.
- Look up the definition of the words "watchtower" and "reprove". In your journal:
 - Write out these words and definitions.
 - Record any insights about these words what did you learn about them and how does it impact your understanding of Habakkuk 2:1.
- Set aside 30 minutes 1 day this week to:
 - o Practice listening prayer and writing what you hear in your journal.

Small Group Agenda:

- Allow each person to have 5-10 minutes to share insights from their scripture and word definition homework.
- Allow each person time to share their practice session of listening prayer. Then, as a group, listen to what is said and help test it:
 - o How to test what you've written to see if it's God speaking:
 - 1. Does it line up with scripture?
 - 2. Does it bring glory to God?
 - 3. Does it produce peace and freedom?
 - 4. Does it align with the fruits of the Spirit? Galatians 5:22
 - 5. Does it encourage you, build you up? If you're being corrected, does it feel like it is done in kindness and for your benefit?
 - How to know it's not from God:
 - 1. Does it produce fear, guilt or shame?
 - 2. Is it accusing or condemning?
- Confirm next meeting date, time, location, and next homework assignment.

Listening Prayer Practice

Week 2

Homework to complete before attending Small Group:

• Set aside 30 minutes 2 days to practice listening prayer and enter what you hear in your journal.

Small Group Agenda:

- Allow each person time to journal entries from practicing listening prayer. Then, as a group, listen to what is said and help test it:
 - o How to test what you've written to see if it's God speaking:
 - 1. Does it line up with scripture?
 - 2. Does it bring glory to God?
 - 3. Does it produce peace and freedom?
 - 4. Does it align with the fruits of the Spirit? Galatians 5:22
 - 5. Does it encourage you, build you up? If you're being corrected, does it feel like it is done in kindness and for your benefit?
 - o How to know it's not from God:
 - 1. Does it produce fear, guilt or shame?
 - 2. Is it accusing or condemning?
- Confirm next meeting date, time, location, and next homework assignment.

Weeks 3 - 5

Homework to complete <u>before</u> attending Small Group:

 Set aside 30 minutes 3 days to practice listening prayer and enter what you hear in your journal.

Small Group Agenda:

- Allow each person time to journal entries from practicing listening prayer. Then, as a group, listen to what is said and help test it:
 - o How to test what you've written to see if it's God speaking:
 - 1. Does it line up with scripture?
 - 2. Does it bring glory to God?
 - 3. Does it produce peace and freedom?
 - 4. Does it align with the fruits of the Spirit? Galatians 5:22
 - 5. Does it encourage you, build you up? If you're being corrected, does it feel like it is done in kindness and for your benefit?
 - How to know it's not from God:
 - 1. Does it produce fear, guilt or shame?
 - 2. Is it accusing or condemning?
- Confirm next meeting date, time, location, and homework assignment.